



COME BE PART OF THE NEW MOVEMENT
OF CONSCIOUS SPIRITUAL MEN WHO
WANT TO HELP USHER IN A NEW
PARADIGM AND SERVE THE PLANET.

2016 Kundalini Yoga Men's Retreat SPIRITUAL MEN'S CAMP *with Sevak Singh and Friends*

When: October 14,15,16 ~ Friday through Sunday
Friday noon through Sunday at 4pm

Where: Heart and Soul Renewal ~ Gisela, AZ
11 miles S of Payson / 90 min North on Hwy 87

Cost: \$285 includes all classes, meals and indoor lodging
\$235 includes all classes, meals and space to tent

Three days of Kundalini yoga, meditation, food, laughter and men hangin' with men. Yogi Bhajan shared teachings specifically for men for more than 35 years. He taught us by example that every man has the right and power to be happy and successful through the full span of a lifetime.

Join us and learn ancient yogic techniques to enhance your power, potency and prosperity. Practice yoga and meditation especially for men.

Learn about yoga, diet, meditation and projection uniquely for men. Learn the basic differences between men and women in communication, sex, attitude and relations.

Register via contact at SevakSingh.com to reserve your spot right away. (*This weekend sold out in 2015.*)

Call or text 602-703-1611 to reserve your spot.

Only 20 indoor spaces available!!